

## Lp-PLA2 (PLAC) Activity Cardiovascular Health Test

Date Presented - July 6, 2019

### Ordering Doctor

Name: Dr. Jody Smith  
License #: 00515515  
UPIN #: A999Z9  
NPI #: 9999999999

### Patient Details

Jane Smith  
Patient Number: 100523  
DOB: Jan 1, 1980  
Gender: Female  
Ph: (234) 234-2343

### Specimen Details

Collected: July 1, 2019  
Sent: July 1, 2019  
Tested: July 5, 2019  
Source: Capillary Blood

## Welcome To Your Results

Dear Jane Smith,

We received your small volume blood sample, and tested it for the presence of Lp-PLA2 (PLAC) activity.

The testing platform used to produce the results described in this report has been shown to detect these biomarkers to a high level of accuracy when they are present.

When shared with your healthcare professional, we are confident this report will provide insight to inform healthcare decisions that may improve your health and quality of life.

You and your healthcare professional can trust the science behind these results, as our lab partners have completed validation studies comparing this process to established testing methods.

For any questions about this test, please visit us at [www.imaware.health](http://www.imaware.health) or connect with us via email at [support@imaware.health](mailto:support@imaware.health).

In good health,  
The imaware team

## Medical Advisory Team



**Dr. Tsimikas**  
Director of Vascular Medicine  
at the UC San Diego Health



**Dr. Davidson**  
Preventive Cardiology  
at University of Chicago

## Lp-PLA2 (PLAC) Activity Cardiovascular Health Test - Your Results Summary

Jane, you **appear to have low Lp-PLA2 (PLAC) activity levels**

based on biomarker sampling. Patient specific information is listed below.

### BIOMARKER SAMPLING

A biomarker (“biological marker”) refers to a category of objective signs that indicate medical state. Elevated biomarker levels in your blood can signal the presence of a disease. We tested your blood for the presence of Lp-PLA2 (PLAC) activity:

#### PLAC

NORMAL



### PATIENT SPECIFIC INFORMATION

We included specific aspects of your history and condition as part of this test in order to confirm your likelihood.

- You indicated that you don't have a family history of cardiovascular disease
- You indicated that you normal cholesterol levels
- You indicated you do not smoke

Your overall likelihood is compared to the possible scenarios

#### High Risk

PLAC > 225 ng/min/mL

#### Lower Risk

PLAC < 225 ng/min/mL

### Lower Risk

Likelihood of additional risk for Cardiovascular Disease as measured by PLAC

Your likelihood estimate is based on biomarker sampling and preconditions:



Your blood sample contained abnormal biomarker levels



You indicated a pre-condition that may increase your likelihood of having this condition

### Your Next Steps



Share these results with your doctor, who can review your results and provide an action plan before you make any major lifestyle changes.



If you begin to make any doctor recommended lifestyle changes, imaware™ can help you monitor the effectiveness of your lifestyle changes and treatment.

## Lp-PLA2 (PLAC) Activity Cardiovascular Health Test - Detailed Results

The following pages provide additional information that should be shared with your healthcare professional. Dried blood specimen have been validated for general health screening and abnormal or unexpected results should be confirmed by a diagnostic venous collection.

### DETAILED PATIENT RESULTS TABLE

Analyte	Quantitative	Qualitative	Reportable Range	Cutoff	Target Range
Lp-PLA2 (PLAC) Activity	185.0 nmol/min/mL	Low	0.0 - 382.0 nmol/min/mL	225 nmol/min/mL	0 - 225 nmol/min/mL

### PATIENT DISEASE AND SYMPTOMS STATUS

- You indicated that you don't have a family history of cardiovascular disease
- You indicated that you normal cholesterol levels
- You indicated you do not smoke

## Lp-PLA2 (PLAC) Activity Test - Detailed Scientific Validation

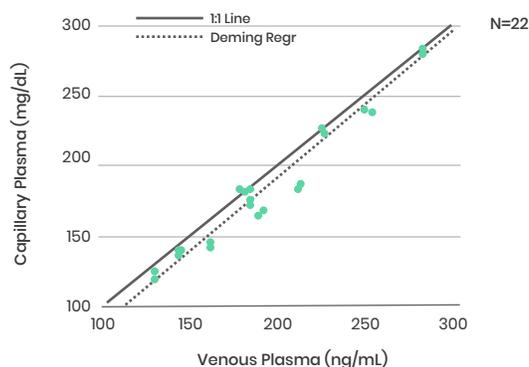
imaware™ tests are tested to be highly accurate and precise. The following data can be reviewed by your medical professional to better understand the validity of the imaware test.

### LP-PLA2 (PLAC) ACTIVITY TEST - SCIENTIFIC VALIDATION

#### Accuracy

Paired serum and dried serum spot samples containing varying concentrations of PLAC were tested. PLAC concentrations observed for the dried serum samples versus serum (colorimetric method) were statistically analyzed by simple regression:

N=22		
Correlation Coefficient	0.96	
Slope	1.01	
Intercept	-12.70	
	DBS PLAC	Comparable Serum Method
Mean Lp-PLA2 (PLAC)	182.36	192.74
Standard Deviation of Range	46.42	44.16



## Lp-PLA2 (PLAC) Activity Cardiovascular Health Test – Additional Information

### SCIENTIFIC REFERENCES

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9. Racherla S, Arora R. Utility of Lp-PLA2 in lipid-lowering therapy. *Am J Ther* 2012; 19(2):115–20. doi: 10.1097/MJT.0b013e3181e70d32.

### PERFORMING LABORATORY INFORMATION

- Patient Sample was performed on July 5, 2019 by MyGenetx Laboratory, LLC
- CLIA Number 44D2031868
- Lab Location: 4037 Rural Plains Cir., Suite 150, Franklin, TN 37064
- Lab Director: Jack T. Pearson, M.D. .

### TEST NOTES AND LIMITATIONS

- These test results should be shared with your healthcare provider
- This test is not to diagnose any health condition - only your healthcare provider can make that determination, in light of your overall health history and the results of other testing they may decide to order
- Please consult your healthcare provider before making any dietary changes
- Dried blood specimen have been validated for general health screening and abnormal or unexpected results should be confirmed by a diagnostic venous collection.